

Café Menu

All of our food (and our facility) is gluten-free, dairy-free, egg-free, tree nut-free (we do use coconut), peanut-free, soy-free, plant-based, and vegan for your safety and pleasure. We use organic ingredients in 98% of everything we make, and most items are free of added oil. Let us know if you have additional allergies or sensitivities. We happily disclose all ingredients ©.

Waffles 1 for 6 or 2 for 9

(served with coconut whipped cream and your choice of real maple syrup or strawberry compote) *Make it even more decadent...*Chocolate chips for 1

Lentil Hummus or Parsley Pesto Sandwich 9.5

Lentil hummus or parsley pesto served open-faced on either a homemade plain or rosemary garlic roll and topped with spinach, tomato, coleslaw, and avocado. Sandwiches come with a side of coleslaw or kale salad.

Pizza Pockets 8.5

A parsley pesto pizza pocket or a marinara pizza pocket? You decide. Veggies wrapped in our delicious rosemary garlic bread dough and baked to perfection.

Rosemary Garlic Focaccia Pizza 18.5

This pizza is made on our rosemary garlic focaccia bread, baked in our big oven, and cut into eight delicious, mouthwatering pieces. Ask for the pizza order form so you can pick your toppings from a long list of delightful choices.

Bowl of Soup & Homemade Roll 8.5

Enjoy our soup of the day served with either a plain or rosemary garlic roll.

Kale Salad & Homemade Roll 11.5

Lemon massaged kale topped with a generous amount of roasted pumpkin seeds and dried cranberries.

Veggie Bowl 12.5

Ask for the veggie bowl order form so you can build your own salad combination from a long list of delightful choices.

Pick Two 14.5

Pick two of the following: Parsley pesto or marinara pizza pocket, cup of soup, ½ kale salad, ½ veggie bowl, lentil hummus or parsley pesto sandwich.

If you are in a hurry, call ahead so we can have your order ready for you when you arrive.



Bakery Menu

All of our baked goods (and our facility) are gluten-free, dairy-free, egg-free, tree nut-free (we do use coconut), peanut-free, soy-free, plant-based, and vegan for your safety and pleasure. We use organic ingredients in about 98% of everything we make, and most items are free of added oil. Let us know if you have additional allergies or sensitivities. We happily disclose all ingredients ©.

SWEETS	
Brownie	4.5
Cake Slice	7
Cinnamon Roll	5.5
Coffee Cake	5.5
Cookie	2.5
Cupcake	3.5
Doughnut	4
Lebkuchen (November/December)	2
Muffin	3.5
Scone	4
Turnover	6.5
Whoopie Pie (located in the cooler against the wall—help yourself)	5.5
Whole Cakes (special order) Ask to see our cake menu.	16-96+
BREADS	
Focaccia	7.5
Bag of Rolls (plain or rosemary garlic)	7.5
Bread Loaf (special order)	8.5
Pizza Crust (special order)	8

Check out the goodies on display. You won't see everything on the list in our case every day as our offerings vary. Craving something you don't see? We welcome special orders for goodies on the list. Our baked goods are best enjoyed at room temperature.